

## **70% SAVINGS for a Private Lesson or an On-site Visit/Group Workshop**

Stress? Chronic pain? Posture issues? Computer fatigue? Artistic/athletic performance issues?

**For Individuals:** Private lesson in the Alexander Technique \$25.00 **LIMITED OFFER – CALL NOW!**

**For Union Square Partnership Employers:** “The HUMAN ELEMENT in Ergonomics”

An on-site visit/experiential workshop for you and your entire staff. From \$75.00 (rates vary with company size)

What every “body” needs to know about working every day at a desk or on a computer ....

Lessons held at 39 W. 14<sup>th</sup> St. (between 5<sup>th</sup> and 6<sup>th</sup> Aves) room #507 or #508. Call 347.387.2366

[www.alexanderjunction.com](http://www.alexanderjunction.com)